



SMILE FOR TOTAL HEALTH

\$30 Preventive Dental
Plan for Federal
Employees

For High and Standard Options Only
2019



Your dental plan emphasizes healthy smiles through prevention and the early detection of dental problems to avoid costly procedures in the future. The combination of predictable costs, no deductibles, and no annual maximums helps you reach a state of good oral health without facing the high cost of treatment typical of many dental plans. The \$30 Preventive Plan provides coverage for more than 250 dental procedures through one of the largest networks in the Mid-Atlantic area.* You have your choice of convenient dental offices where you can receive care.

You pay a \$30 copay for each preventive care office visit which may include:

- Oral evaluation
- Routine cleaning
- Certain X-ray procedures

Other covered dental services are provided at a reduced fee. For full plan details, please visit kp.org/feds.

Save on restorative care

More extensive care (fillings, crowns, dentures, root canals, periodontal treatment, oral surgery, etc.) is provided at fees lower than the usual and customary charges for these services. When covered, specialty care services are performed by plan specialists and a different fee will apply. For a complete list of covered dental services, a schedule of discounted dental fees, limitations, exclusions, and a directory of participating dental providers, refer to your Kaiser Permanente Dental Plan booklet. You can obtain a dental plan booklet by calling our Federal Member Services Department at **877-KP4-FEDS (877-574-3337)** (TTY: **711**), or you can find your plan on dominionnational.com/kaiserdentists.

Choose a dentist

You may select any general dentist from among our participating dental providers for yourself. Each eligible family member may use a different participating dentist. Services received from non-participating dentists are not covered.

Your dental plan administrators and health plan carrier—Dominion National (Dominion) and Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., (Kaiser Permanente)—are working together to help you stay healthy.

Make appointments

After your effective date of coverage, you can make an appointment with a participating general dentist. Make sure you bring your Kaiser Permanente medical ID card to your appointment. There is no separate dental ID card. There is virtually no paperwork and no pre-existing condition exclusions to worry about.

Quality dental care

You can be confident that your dentist was carefully selected to offer quality care. All participating dentists go through a strict quality assurance program developed in accordance with the National Association of Dental Plans' recommendations. This process confirms that each dentist has the required credentials and has passed a thorough on-site office evaluation.

To learn more, call Dominion member services specialists at 855-733-7524, Monday through Friday, 7:30 a.m. to 6 p.m. For TTY for hearing/speech impaired, call 711. Or visit dominionnational.com/kaiserdentists.

* The Mid-Atlantic area includes Washington, DC, Maryland, and Virginia.

NOTES:

This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the plan's Federal brochure (*RI 73-047*). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.

In the event of ambiguity, or a conflict between this summary and the FEHB brochure *RI 73-047*, the *RI 73-047* shall control. Dental benefits are underwritten by Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., and administered by Dominion National.