

THE AREA'S BEST BAR SNACKS
(THEY'RE NOT JUST AT BARS)

A MAYORAL SEX-AND-DRUGS
SCANDAL IN FAIRFAX

IF AMAZON'S HQ COMES TO
TOWN, HERE'S WHERE TO PUT IT

WASHINGTONIAN



TOP DOCTORS

THE REGION'S BEST PHYSICIANS—CHOSEN BY THEIR PEERS



TOP DOCTORS

When you can't stop coughing or the ache in your back won't go away or the rash on your arm is getting bigger, you need a doctor—one you can trust. Our Top Doctors list can help you find a good one. Here are 1,800 of the area's best physicians in 39 specialties, selected by their peers.

Edited by Caroline Cunningham

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TOP DOCTORS

2017

Most of us rely on a doctor's referral to find other good physicians and specialists, and *Washingtonian's* Top Doctors list is no different. Last March, we mailed an online survey to more than 12,000 of the region's physicians and asked them to name the doctors they'd send a member of their own family to. On the following pages, we've listed the top vote-getters across 39 specialties.

To vote, doctors had to provide a current medical-license number registered in either DC, Virginia, or Maryland. Each physician was limited to one ballot.

While some physicians on this list have more than one office, we've included the address and phone number for only their main office. We've also mentioned special interests, which were provided by the doctor's office.

You won't find emergency-room doctors, radiologists, or anesthesiologists among our categories. This is because doctors in these specialties typically aren't chosen by the patient; when you're rushed to the ER, you don't get to pick who's on call. This list is not intended to be a hall of fame for Washington doctors—though many impressive practitioners are represented here. It's meant to be a tool for readers who are searching for physicians.

KAISER PERMANENTE TOP DOCS

ALLERGY/IMMUNOLOGY

Allergists and immunologists diagnose and treat people with allergies and immunological disorders.

BETTY W. CHANG
655 Watkins Mill Rd., Gaithersburg; 240-632-4925. *Special interest in asthma, allergic rhinitis, eczema.*

MEREDITH LEE HELTZER
8008 Westpark Dr., McLean; 703-287-6439. *Special interest in food allergy, immunology, pediatric allergy and immunology.*

PATRICIA McNALLY
8008 Westpark Dr., McLean; 703-922-1000.

STEPHEN ERIC SCRANTON
6501 Loisdale Ct., Springfield; 703-922-1415; also McLean.

BREAST-CANCER SURGERY

Breast-cancer surgeons are general surgeons who specialize in the removal of breast tumors and may also perform biopsies to diagnose or treat the cancer.

LINDA M. CARDINAL
8008 Westpark Dr., McLean; 703-287-6400.

CARDIOLOGY

Cardiologists diagnose and treat heart problems.

CAROL P. CARDINALE
655 Watkins Mill Rd., Gaithersburg; 240-632-4000.

JOHN S. GOLDEN
8008 Westpark Dr., McLean; 703-287-6500. *Special interest in interventional cardiology, heart failure, structural heart disease.*

CARLA HANASH
700 Second St., NE; 202-346-3690. **Pediatrics.**

AMEYA KULKARNI
8008 Westpark Dr., McLean; 703-287-6500.

YANING LIU
8008 Westpark Dr., McLean; 703-287-6500.

JASON MITCHELL
700 Second St., NE; 202-346-3690. *Special interest in congenital heart disease. **Pediatrics.***

CONSTANTINE TZIROS
8008 Westpark Dr., McLean; 703-287-5400.

CARDIOLOGY—INTERVENTIONAL

Interventional cardiologists use catheterization techniques to diagnose and treat coronary-artery disease with procedures such as balloon angioplasty and stenting.

JOHN S. GOLDEN
8008 Westpark Dr., McLean; 703-287-6500. *Special interest in structural heart interventions.*

AMEYA KULKARNI
8008 Westpark Dr., McLean; 703-287-6500.

COLON AND RECTAL SURGERY

Colorectal surgeons treat disorders of the intestinal tract, colon, rectum, anal canal, and perianal area by medical and surgical means.

WILLIAM SEID
8008 Westpark Dr., McLean; 703-287-6400.

JULIA SONE
6501 Loisdale Ct., Springfield; 703-922-1528.

DERMATOLOGY

Dermatologists diagnose and treat skin disorders.

MARGARET KOPELMAN
1890 Metro Center Dr., Reston; 703-709-1500.

MARK NAFTANEL
201 N. Washington St., Falls Church; 703-531-1648. *Special interest in general, pediatric, and cosmetic dermatology.*

JOHN RICHARD VU
655 Watkins Mill Rd., Gaithersburg; 240-632-4000.

ENDOCRINOLOGY

Endocrinologists specialize in glandular and hormonal disorders, such as thyroid problems and diabetes.

DANIELLA HINES
201 N. Washington St., Falls Church; 703-237-4000.

DEEPAK KASHYAP
201 N. Washington St., Falls Church; 703-237-4010.

Special interest in thyroid biopsy, diabetes, pituitary.

JANET (JAYE) NOEL
655 Watkins Mill Rd., Gaithersburg; 240-632-4000. *Special interest in thyroidology.*

FAMILY MEDICINE

Family or general practitioners are primary-care doctors who treat children and adults, usually on an ongoing basis. Some listed are internists with broad general practices.

ELIAS (BRUCE) AWAD
201 N. Washington St., Falls Church; 703-237-4000.

TINISHA CHEATHAM
5100 Auth Way, Suitland; 301-702-5000.

DANIEL F. HARRIS
6501 Loisdale Ct., Springfield; 703-922-1000. *Special interest in internal medicine.*

ROBERT KITCHEN
6501 Loisdale Ct., Springfield; 703-922-1000.

CHRISTOPHER RYAN
5999 Burke Commons Rd., Burke; 703-249-7700.

Separate votes are taken for the top pediatric specialists in some categories. Doctors with a "pediatrics" designation were voted onto the list specifically as pediatric specialists.

NAGUI SALEH
5999 Burke Commons Rd.,
Burke; 703-249-7700.
Special interest in cardiology.

NANCY Y. SELIM
5999 Burke Commons Rd.,
Burke; 703-249-7700.

CASSANDRA M. SIMS
201 N. Washington St.,
Falls Church; 800-777-7904.

SOKPHEARY SRORN
1396 Piccard Dr., Rockville;
800-777-7904.

ASHLEY A. TENNYSON
12255 Fair Lakes Pkwy.,
Fairfax; 703-391-2020.

AYSE TURGUT
201 N. Washington St.,
Falls Church; 703-237-4000.

GASTROENTEROLOGY
Gastroenterologists treat problems of the digestive system. They sometimes use a slim, lighted tube called an endoscope for examinations and treatment.

NAVREET MALHI CHOWLA
12255 Fair Lakes Pkwy.,
Fairfax; 703-934-5700; also
Falls Church.

DIA TAMARA COPELAND
700 Second St., NE;
202-346-3000.
*Special interest in advanced
endoscopy.*

STANLEY D. DRAKE
201 N. Washington St.,
Falls Church; 703-237-4442.

ERIC R. WOLLINS
201 N. Washington St.,
Falls Church; 703-237-4442.
*Special interest in Barrett's
esophagus, radiofrequency ab-
lation, colon-cancer screening.*

GENERAL SURGERY

General surgeons usually perform surgery on the abdominal region and alimentary tract; the endocrine system; head and neck; and breast, skin, and soft tissue.

JOHN D. BUTLER
700 Second St., NE;
202-346-3850.

LINDA M. CARDINAL
8008 Westpark Dr., McLean;
703-287-6400.
*Special interest in breast and
laparoscopic surgery.*

CHAITANYA S. MANGALMURTI
12255 Fair Lakes Pkwy.,
Fairfax; 703-359-7878.

GERIATRICS

Geriatricians specialize in problems of the elderly, such as Alzheimer's disease, Parkinson's disease, incontinence, and other conditions.

ANGELA HSU
6501 Loisdale Ct.,
Springfield; 703-922-1000.
*Special interest in frailty,
complex disease management.*

GYNECOLOGICAL ONCOLOGY

Gynecological oncologists treat cancers of women's reproductive organs.

ANDREW K. SALTZMAN
1400 Forest Glen Rd.,
Silver Spring; 301-905-3506.

HAND SURGERY

These are orthopedic, plastic, or general surgeons who treat problems of the hand, wrist, and forearm, including carpal-tunnel syndrome, sports injuries, and other conditions.

SWATI S. SHIRALI
12255 Fair Lakes Pkwy.,
Fairfax; 703-934-5770.

INFECTIOUS DISEASES

Infectious-disease specialists diagnose and treat all infectious diseases—fungal, bacterial, viral, and tropical—including AIDS.

MIRIAM L. CAMERON
655 Watkins Mill Rd.,
Gaithersburg; 240-632-4250;
also Northeast DC.
*Special interest in HIV, trans-
plant, travel infections.*

NHAT DOAN
6501 Loisdale Ct.,
Springfield; 703-922-1351.

PETER KADLECIC
700 Second St., NE;
202-346-3000; also Largo.
*Special interest in HIV man-
agement, complications of
HIV therapy.*

LIGIA PIC-ALUAS
6501 Loisdale Ct.,
Springfield; 703-922-1021.
*Special interest in transplant,
HIV, hospital-acquired infection.*

ANURADHA SUBRAMANIAN
700 Second St., NE;
202-346-3000.
*Special interest in HIV, in par-
ticular HIV-related pulmonary
infections.*

DAVID YOHO
6501 Loisdale Ct.,
Springfield; 703-922-1385.
Special interest in HIV.

INTERNAL MEDICINE

Internists diagnose and treat illnesses involving the major organ systems.

M. PAMELA ALEXANDER
8008 Westpark Dr., McLean;
703-287-4000.

KHADIIJA ALVI
43480 Yukon Dr.,
Ashburn; 866-454-8855.
*Special interest in preventive
medicine, alternative/holistic
medicine, women's health.*

LEIGH BOLDT
201 N. Washington St.,
Falls Church; 703-359-7878.

MARIE HUYNH
5999 Burke Commons Rd.,
Burke; 703-249-7700.

EIRENE KOROUKAKIS
10810 Connecticut Ave.,
Kensington; 703-359-7878.

NIDHI MALIK
1890 Metro Center Dr.,
Reston; 703-709-1500.

HOANG-AN NGUYEN
43480 Yukon Dr.,
Ashburn; 571-252-6000.
*Special interest in preventive
care.*

LO-AN NGUYEN
1890 Metro Center Dr.,
Reston; 703-709-1500.

NEELAM SHAH
10810 Connecticut Ave.,
Kensington; 301-929-7100.

DEENA J. SHAPIRO
10810 Connecticut Ave.,
Kensington; 703-359-7878.

BRIAN C. SHEN
655 Watkins Mill Rd.,
Gaithersburg; 703-359-7460.

DOUGLAS VAN ZOEREN
700 Second St., NE;
202-346-3000.
*Special interest in preventive
health, sports medicine.*

ALAN H. WYNN
14139 Potomac Mills Rd.,
Woodbridge; 703-490-8400.
*Special interest in hyperten-
sion, diabetes.*

INTERVENTIONAL RADIOLOGY

Interventional radiologists use imaging technologies such as fluoroscopy, computer tomography (CT), and ultrasound to guide minimally invasive surgical procedures, such as performing biopsies, draining fluids, inserting catheters, and stenting narrowed ducts or vessels.

CARSON CAMPE
8008 Westpark Dr., McLean;
703-287-6400; also Silver
Spring, Upper Marlboro.
*Special interest in interven-
tional oncology, peripheral vas-
cular disease, uterine fibroids.*

VIVEK MATHUR
8008 Westpark Dr.,
McLean; 703-287-1900;
also Silver Spring.

MICHAEL J. STONE
10810 Connecticut Ave.,
Kensington; 301-929-7100.

NEPHROLOGY

Nephrologists special-ize in the treatment of kidney disease.

MUZNA ADIL
655 Watkins Mill Rd.,
Gaithersburg; 240-632-4000.

ANAND DESAI
1221 Mercantile La.,
Largo; 301-386-6825.

RONALDO MAYUGA
8008 Westpark Dr.,
McLean; 703-287-6550.
Paul S. Modlinger 1635 N.
George Mason Dr., Arlington;
703-841-0707; also Fairfax.
*Special interest in chronic
kidney disease, hypertension.*

NEUROLOGY

Neurologists diagnose and treat nervous-system disorders such as multiple sclerosis, epilepsy, and Parkinson's disease.

HARMAN BAJWA
6501 Loisdale Ct.,
Springfield; 703-922-1000.

ANDREW J. DUTKA
655 Watkins Mill Rd.,
Gaithersburg; 240-632-4900.
*Special interest in diving medi-
cine, behavioral neurology.*

MELVIN KONG
700 Second St., NE;
800-777-7901; also
Gaithersburg, Largo.

DAVID C. LIPPS
8008 Westpark Dr., McLean;
703-287-6740; also Falls
Church.
*Special interest in Botox for
migraines, cervical and limb
dystonia, hemifacial spasm.*

EJAZ SHAMIM
1221 Mercantile La.,
Largo; 301-618-5500.

OBSTETRICS/ GYNECOLOGY

Obstetricians and gynecologists specialize in pregnancy and labor and in the treatment of diseases of the female genital tract and reproductive organs.

JULIE AMBROSE
8008 Westpark Dr.,
McLean; 800-777-7904.

AMY LYNNE BANULIS
201 N. Washington St.,
Falls Church; 703-237-4000.

STELLA LIJ BLOSSER
5999 Burke Commons Rd.,
Burke; 703-249-7727.
*Special interest in minimally
invasive surgery, fibroids.*

NAHED MAHMOUD EZMERLI
6501 Loisdale Ct.,
Springfield; 703-922-1000;
also Falls Church.

STACEY A. GARRETT
700 Second St., NE;
202-346-3000.

DEIRDRE UMEYO KATO
201 N. Washington St.,
Falls Church; 703-237-4000;
also Arlington.

CHI-TSUI VIVIA LIANG
201 Washington St.,
Falls Church; 703-237-4000.

HANIA QUTUB
201 N. Washington St.,
Falls Church; 703-237-4000.
*Special interest in minimally
invasive surgery.*

TRASHAWN THORNTON-DAVIS
5100 Auth Way, Suitland;
301-702-5000; also
Silver Spring.

MARK TRETIAK
8008 Westpark Dr.,
McLean; 703-287-6400.

ONCOLOGY/ HEMATOLOGY

Oncologists and hema-tologists specialize in the treatment of cancers and blood disorders, often with chemotherapy.

NEETA AHUJA
5999 Burke Commons Rd.,
Burke; 703-249-7962.

LEON C. HWANG
655 Watkins Mill Rd.,
Gaithersburg; 240-632-
4825; also Largo.

EVA PERDAHL-WALLACE
700 Second St., NE;
202-346-3690.
*Special interest in general
pediatric hematology and
oncology. Pediatrics.*

ALOYSIUS PEREIRA
5999 Burke Commons Rd.,
Burke; 703-249-7950; also
McLean.

NITIN VERMA
1221 Mercantile La.,
Largo; 301-618-5630.

OPHTHALMOLOGY

Ophthalmologists spe-cialize in the treatment of diseases and defects of the eye.

DAVID H. CHU
8008 Westpark Dr.,
McLean; 800-777-7904;
also Falls Church.

JONATHAN S. COLLINS
10810 Connecticut Ave.,
Kensington; 301-929-7161.

MINH-PHUONG DOAN
12255 Fair Lakes Pkwy.,
Fairfax; 703-359-7878.

JONATHAN PERRY KRUGER
6501 Loisdale Ct.,
Springfield; 703-922-1185.
*Special interest in cataracts,
glaucoma.*

ORTHOPEDICS

Orthopedists are sur-geons who repair bone fractures, perform joint replacements, and treat other musculoskeletal injuries and impairments.

SIDNEY CHETTA
8008 Westpark Dr.,
McLean; 703-287-6480.

KENNETH JACKSON
8008 Westpark Dr.,
McLean; 703-287-6400.

OTOLARYNGOLOGY

Otolaryngologists are ear, nose, and throat (ENT) specialists who treat disorders in those areas, including head and neck cancers. Some practi-tioners also do facial

plastic and reconstruc-tive surgery.

MARY E. GORMAN
8008 Westpark Dr.,
McLean; 703-287-6400.

NOAH MELTZER
8008 Westpark Dr.,
McLean; 703-287-6400.

THUY-ANH N. MELVIN
8008 Westpark Dr.,
McLean; 703-287-4527;
also Falls Church.

MARK TERRIS
1221 Mercantile La., Largo;
301-618-5500.
*Special interest in thyroid and
parathyroid surgery.*

EDWARD TSONG
8008 Westpark Dr., McLean;
703-287-6400.

PAIN MANAGEMENT

Specialists in pain medi-cine—usually anesthesi-ologists but sometimes neurologists—treat problems of acute and chronic pain in both hospital and ambulatory settings.

TAKEO KASUMI
8008 Westpark Dr.,
McLean; 703-287-6400.

PRASHANTH MALLY
8008 Westpark Dr.,
McLean; 703-287-6400.

PEDIATRICS

Pediatricians specialize in the development of children and treatment of childhood diseases.

ANNE E. BALDWIN
2301 M St., NW;
202-419-6200.

LEILA PARIKH BINDER
5999 Burke Commons Rd.,
Burke; 703-249-7700.

PUPI DEMISSIE
201 N. Washington St.,
Falls Church; 703-237-4000.

ISABEL C. GOTTRON
700 Second St., NE;
202-346-3000.

ANN ISABEL HELLERSTEIN
655 Watkins Mill Rd.,
Gaithersburg; 240-632-4305.
*Special interest in nutrition,
nephrology, adolescents.*

MONA THERESA ISKANDER
12255 Fair Lakes Pkwy,
Fairfax; 703-934-5804.

PANAYIOTA KOROUKAKIS
10810 Connecticut Ave.,
Kensington;
301-929-7100.

AMY K. REDDY
6501 Loisdale Ct., Spring-
field; 800-777-7904.

GITA REDDY
201 N. Washington St., Falls
Church; 703-237-4000.
*Special interest in sports
medicine, asthma.*

MONA REWARI
12255 Fair Lakes Pkwy.,
Fairfax; 703-
359-7878.
*Special interest in obesity,
asthma.*

BRENT C. THIBODEAUX
1890 Metro Center Dr.,
Reston; 703-709-1500.

RENNIE THOMAS
6525 Belcrest Rd.,
Hyattsville; 301-209-6000.

ELIZABETH A. VALOIS
10810 Connecticut Ave.,
Kensington; 301-929-7250.
*Special interest in
pediatric obesity, neo-
natal care.*

PLASTIC SURGERY

Plastic surgeons special-ize in restoring tissue damaged by injury, birth defects, or other causes and perform cosmetic surgery to enhance ap-pearance.

WILLIAM EPPS
8008 Westpark Dr., McLean;
703-287-4600.

PHILIP IORIANNI
10810 Connecticut Ave.,
Kensington; 301-929-7100.

CHUN (CHRIS) RHIM
8008 Westpark Dr., McLean;
703-928-7460.

PSYCHIATRY

Psychiatrists treat men-tal, addictive, and emo-tional problems. They may use various forms of psychotherapy as well as drug treatment.

AMIT PATEL
2301 M St., NW;
202-419-6200.

ASHA J. PATTON-SMITH
5999 Burke Commons Rd.,
Burke; 703-249-7700; also
Falls Church. Pediatrics.

HUMAIRA ADEEB SIDDIQI
5999 Burke Commons Rd.,
Burke; 703-249-7700.
*Special interest in ECT and
adult psychiatry.*

VICTORIA TANKEH
1396 Piccard Dr., Rockville;
301-572-1000.

PULMONOLOGY

Pulmonologists treat a range of lung and respira-tory diseases, in-cluding bronchitis, emphysema, and cancer. Many pulmonologists are also internists.

EILEEN HSU
8008 Westpark Dr.,
McLean; 703-287-1075.
*Special interest in control
of breathing during sleep,
sleep apnea, cardiovascular
complications.*

PHONG NGUYEN
8008 Westpark Dr., McLean;
703-287-1075.

LUIS G. RUIZ
700 Second St., NE; 202-
346-3100; also Largo.
*Special interest in interstitial
lung disease, endobronchial
ultrasound.*

CHUN-MING TSENG
655 Watkins Mill Rd.,
Gaithersburg; 240-632-
4000; also Largo.
*Special interest in bronchos-
copy, pulmonary hypertension,
interstitial lung disease.*

REHABILITATION

Physical-rehabilitation specialists, also known as physiatrists, provide treatment and therapy to aid in recovery from seri-ous injury or illness.

ALLEN CHIU
8008 Westpark Dr.,
McLean; 703-287-6400.
*Special interest in musculo-
skeletal medicine, with a focus
on spine care.*

SPENCER TSENG
8008 Westpark Dr., McLean;
703-287-4675.
*Special interest in muscu-
loskeletal care and sports
medicine.*

RHEUMATOLOGY

Rheumatologists treat disorders of the muscles, joints, and related structures, specializing in arthritis and other

autoimmune diseases, such as lupus.

IVAN Y. LIM
700 Second St., NE;
202-346-3000.

KANAN D. MANIAR
201 N. Washington St.,
Falls Church; 703-237-4000.

MALA MEHTA
201 N. Washington St.,
Falls Church; 703-237-4000.

NORA TAYLOR
6501 Loisdale Ct.,
Springfield; 703-922-1121.

SPINAL SURGERY

Spinal surgeons, chiefly orthopedists or neurosur-geons, treat problems of the vertebrae, disks, or neck and back nerves.

THOMAS IVAN KRISZTINICZ
8008 Westpark Dr., McLean;
703-287-6400; also North-
east DC.
*Special interest in minimally
invasive surgery.*

UROLOGY

Urologists are surgeons who specialize in urinary problems, including those involving the bladder, kidneys, and prostate.

MOHAMED (TIM) ATALLA
1221 Mercantile La.,
Largo; 301-618-5633.
*Special interest in urologic
oncology.*

STEVEN GUARNACCIA
12255 Fair Lakes Pkwy.,
Fairfax; 703-934-4120.

WILLIAM KAO
1221 Mercantile La., Largo;
800-777-7904.

VASCULAR SURGERY

Vascular surgeons treat disorders of the arteries and veins.

SHYAM KRISHNAN
8008 Westpark Dr.,
McLean; 703-287-6400.

JACOB LUSTGARTEN
1221 Mercantile La.,
Largo; 301-618-5600.
*Special interest in problems
with the arteries and veins,
peripheral vascular disease.*

A close-up photograph of a male doctor in a white lab coat examining a young child's ear with an otoscope. The child is looking to the right. The background is bright and out of focus.

Quality care starts with quality doctors

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