Better Informed
Better Together

Statement above relate to Kaiser Permanente physicians and services only.

Not a member yet?
Visit kp.org/feds or call 1-855-315-1007, Monday through Friday, 8 a.m. to 5 p.m., for more information.

Statements above relate to Kaiser Permanente physicians and services only.
A better choice for good health

With care and coverage working seamlessly together, Kaiser Permanente is uniquely designed to give you the information and support you need to live healthy.

*Many features discussed in this book are available only to members receiving care at Kaiser Permanente medical facilities.*

Nationwide, over 9 million people turn to us as their trusted partner for better-informed care and support for total health. Take a look, and you’ll see why Kaiser Permanente is your best choice.

The power to choose .............................................................................................................................. 2
Excellent care.................................................................................................................................................. 3
Online access anytime, anywhere ................................................................................................................... 4
Convenient classes, resources, and more ........................................................................................................ 5
Federal Employees Health Benefits (FEHB) Program .................................................................................. 6
Kaiser Permanente Dental Plan ..................................................................................................................... 6
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Prefer to see this information online? Go to kp.org/feds.

Already a member?
If you’re currently a member and have questions, please call Member Services at 1-800-813-2000, Monday through Friday from 8 a.m. to 6 p.m. For TTY for the deaf, hard of hearing, or speech impaired, call 711.

Watch members share why they chose Kaiser Permanente at kp.org/thrive.
The power to choose
Stay in charge of your health. It’s simple to make the right choice when you’ve got great doctors, great dentists, convenient facilities, and care when you need it.

Your choice of top doctors and dentists
We’ve carefully selected our doctors and dentists so you can make the right choice for you and your family. Many of our highly respected practitioners come from the top medical and dental schools in the country. And it’s easy to take your pick—just go online to view our practitioner profiles. You can choose or change your practitioners anytime.

Under-one-roof convenience
Save time and avoid driving all over town for care. You have many locations to choose from, and most of them offer multiple services under one roof. You can see your doctor or dentist, get a lab test or an X-ray, fill prescriptions, and visit your eye doctor—all without leaving the building. And when you get care with fewer delays, you can get better faster.

What you need, when you need it1
- Email your doctor’s office with nonurgent questions.
- Refill prescriptions online with free shipping.
- Make routine appointments with a call or click.
- View recent office visits and most test results online.
- Get same-day, after-hours, and weekend services at many locations.
- Call for advice from a registered nurse, 24 hours a day.
- Travel freely; you’re covered for emergency care worldwide.2

1 Online features available when you receive care at Kaiser Permanente facilities.
2 This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the Plan’s Federal brochure (RI 73-004). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.

Your electronic health record brings it all together
Your doctor’s office
Your record gets updated with each visit to our Kaiser Permanente facilities, so it’s always current.
Pharmacy, lab, X-ray
No need for paperwork when you get services at our facilities—your doctor’s orders are already there.

See how Kaiser Permanente has helped members at kp.org/carestories.
Excellent care

Teamwork and expertise combined help make our doctors, nurses, and specialists better informed to provide the best care for your needs.

Personalized care and attention

A care team that’s informed and focused on you can lead to better health. Supported by your secure electronic health record, your doctors, nurses, and specialists are better prepared to deliver the right care at the right time—even if you go to different Kaiser Permanente locations in your area.

Easy access to specialty care

Specialists at our facilities are connected to real-time updates on your electronic health record, so they can diagnose and treat conditions more efficiently. And because they work with your doctor, referrals are easier. You can even request a referral by emailing your doctor’s office.

A focus on you and your family

With medical care and health coverage working together, there are fewer administrative hassles for you and your care team. You’re empowered to get the care you need, and your doctors, nurses, and specialists can focus on what they do best. With caring, compassion, and a love for what they do, your team is united by one shared goal—to help you get well and stay well.

Specialty care

Your specialists are up-to-speed and ready to take care of you.

At home or on the go

Get your health information on your computer or mobile device to stay informed and in charge.

Learn more about the doctors available in your area at kp.org/doctorsandlocations.
Online access anytime, anywhere

At home or on the go, we’ve got you covered. Plug into your health with our online and mobile tools that connect you to your information when you want it.

It’s easy to stay connected

Members registered on kp.org have secure access to My Health Manager, the online tool that helps you manage the care you receive at Kaiser Permanente facilities.
- Email your doctor’s office.
- Refill prescriptions.
- View most lab test results.
- Schedule or cancel routine appointments.
- Care for a family member using these features.

A website full of healthy ideas

Get informed and inspired on our award-winning website, kp.org. Take charge of your health with articles, wellness topics, and health calculators. Our music channels, podcasts, fitness videos, and recipes from world-class chefs can help you find new ways to live well.

Good health on the go

Manage your care at home, work, or play with our mobile app. It puts all the convenient features of My Health Manager right in the palm of your hand. You can download the free Kaiser Permanente app from the App Store\textsuperscript{SM} or Google Play\textsuperscript{®}.

App Store is a service mark of Apple, Inc., and Google Play is a trademark of Google, Inc.

Top reasons to join Kaiser Permanente

Great care
A care team that’s coordinated and focused on you.

Great doctors
Choose from a wide range of doctors from many of the top medical schools in the country.

For a guided tour of My Health Manager, visit kp.org/experience.
Convenient classes, resources, and more

We have a passion for prevention. That’s why we give you lots of healthy extras that can help you stay informed about ways to live healthier in body, mind, and spirit.

<table>
<thead>
<tr>
<th>Learn something new</th>
<th>Complementary and alternative care</th>
<th>Maximize your health</th>
</tr>
</thead>
<tbody>
<tr>
<td>With the many health classes offered at our facilities, there’s something for everyone. Try classes on eating well, baby care, and much more. Classes vary by location and some may require a fee.</td>
<td>Take care of the whole you with complementary and alternative health services like massage therapy and acupuncture. No referral is required for many of these services. You also have access to healthy living discounts on hundreds of fitness, wellness, and entertainment activities.</td>
<td>Our personalized online wellness programs can help you lose weight, stay active, reduce stress, sleep better, and much more. Programs and certain drugs for tobacco-cessation are available to you, without a copay. You can also download the free Every Body Walk! app from the App Store or Google Play. It’s a fun, interactive tool to help you create and maintain a daily walking routine.</td>
</tr>
</tbody>
</table>

1 These benefits are neither offered nor guaranteed under contract with the FEHB Program, but are made available to all enrollees and family members who become members of Kaiser Permanente.  
2 This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the Plan’s Federal brochure (RI 73-004). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.

Great access  
Email your Kaiser Permanente doctor’s office, call for advice, get appointments when you need them.

Great visits  
Doctor, lab, X-rays, dental, eye care, and pharmacy all in one place at many of our locations.

Find tools, tips, and information for living well at kp.org/livehealthy.
Federal Employees Health Benefits (FEHB) Program

As a Federal employee, you can choose from two Kaiser Permanente options. Both offer a wide range of personalized care and resources to help you stay healthy and get the most out of life.

### Kaiser Permanente FEHB High Option

With this option, you’ll have a lower share of the cost for most services and prescription drugs. There’s no deductible, but you’ll pay higher premiums. This is also the only option that includes preventive and comprehensive dental coverage.

**Kaiser Permanente Dental Plan**

Included in our High Option plan only, our dental program gives you coordinated care. Your dentist works with your doctor to manage your health—from blood pressure checks to oral cancer screening.

You also get convenience and quality. You can choose from over 120 dentists and 17 dental offices in Oregon and southwest Washington. And we’re the only nonacademic dental program in Oregon and southwest Washington that is accredited by the Accreditation Association for Ambulatory Health Care.

For more information about our Dental Care Program, visit kp.org/dental/nw. For more information about your dental benefits, see the summary in this document or the FEHB brochure (RI-73-004).

- You might choose this option if you and your family expect to receive services often and you prefer predictable costs.

### Kaiser Permanente FEHB Standard Option

This option has lower premiums than the High Option, but you’ll have a higher share of the cost for most services and prescriptions. This plan includes a small deductible for certain services, such as inpatient hospitalization.

- You might choose this option if you and your family are in good overall health and want lower premiums, but are willing to pay more when you receive certain services.

For more plan details, see the Benefits Summary on page 8. For help deciding which option best fits your needs, visit kp.org/feds and click on “Choose a Health Plan.”

### Healthy teeth, healthy heart

It’s true. Several scientific studies have linked good oral health with decreased risk of heart disease. And, just like our medical plans, our dental program offers you personalized, coordinated care.

This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the Plan’s Federal brochure (RI 73-004). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.
Kaiser Permanente Senior Advantage (HMO) for Federal Members

If you’re enrolled in Medicare Parts A and B, Kaiser Permanente Senior Advantage for Federal Members may be right for you. Your FEHB premiums stay the same, but you’ll have lower copays and better benefits compared to the High or Standard Options alone.

<table>
<thead>
<tr>
<th>High Option A</th>
<th>High Option B</th>
<th>Standard Option</th>
</tr>
</thead>
<tbody>
<tr>
<td>This option has the lowest copays of all our Senior Advantage for Federal Members plans, when you enroll in both the High Option and Senior Advantage for Federal Members. ☑ You might choose this option if you expect to receive services often, or if you like predictable, low copays when you receive services.</td>
<td>This option has higher copays than our other Senior Advantage for Federal Members plans, but we’ll reimburse you up to Medicare’s standard Part B premium. ☑ You might choose this option if you don’t mind paying higher copays when you receive services.</td>
<td>The Standard Option balances more reasonable premiums with manageable copays. ☑ You might choose this option if you want something between High Option A and High Option B.</td>
</tr>
</tbody>
</table>

Enrolling in Senior Advantage for Federal Members

- Start by enrolling in the Kaiser Permanente FEHB plan (High Option or Standard Option). See “How to enroll” on page 13.
- Request a Senior Advantage for Federal Members enrollment kit. Then submit a Kaiser Permanente Senior Advantage Group Enrollment Request Form.
- To enroll in High Option B, a High Option subscriber must also complete the FEHB High Option B Enrollment Application.

For a Kaiser Permanente Senior Advantage for Federal Members enrollment kit with details about benefits, copays, limitations, and services, please call our licensed sales specialist at 1-866-792-9446, 8 a.m. to 8 p.m., seven days a week. For TTY for the hearing/speech impaired, call 711.

Senior Advantage for Federal Members benefits are subject to Medicare rules, and you may have to get care from different plan providers than with your FEHB coverage.

The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, provider network, premiums, and copayments/coinsurance may change on January 1 of each year and at other times in accord with your group’s contract with us. To join a Kaiser Permanente Medicare health plan, you must reside in the Kaiser Permanente Senior Advantage service area in which you enroll. You must pay the Medicare Part B premium to join a Kaiser Permanente Medicare health plan. Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal.

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## Kaiser Permanente Senior Advantage (HMO) for Federal Members

### Services

<table>
<thead>
<tr>
<th>Services</th>
<th>High Option</th>
<th>Standard Option</th>
<th>Kaiser Permanente Senior Advantage (HMO) for Federal Members</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Out-of-Pocket Maximum</strong></td>
<td>$1,000 person/ $2,000 family</td>
<td>$2,250 person/ $4,500 family</td>
<td>$600 per person</td>
</tr>
<tr>
<td><strong>These benefits and services are NOT subject to applicable plan deductibles</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Office visits</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Preventive care and prenatal care</td>
<td>$0</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Primary care, hearing and vision exams, mental health, and chemical dependency</td>
<td>$20</td>
<td>$30</td>
<td>$0</td>
</tr>
<tr>
<td>Specialty care</td>
<td>$30</td>
<td>$40</td>
<td>$07</td>
</tr>
<tr>
<td>Labs and X-rays</td>
<td>$5</td>
<td>$20</td>
<td>$0</td>
</tr>
<tr>
<td>MRI/CT/PET scans</td>
<td>$100</td>
<td>$100</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Urgent care</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>At network facilities or outside the service area, for qualifying care</td>
<td>$35</td>
<td>$45</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Prescription drugs</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generic drugs, up to a 30-day supply (mail-order up to 90-day supply for two copays)</td>
<td>$15 formulary</td>
<td>$20 formulary</td>
<td>$15</td>
</tr>
<tr>
<td>Brand drugs, up to a 30-day supply (mail-order up to 90-day supply for two copays)</td>
<td>$40 formulary</td>
<td>$40 formulary</td>
<td>$30</td>
</tr>
<tr>
<td></td>
<td>$60 non-formulary</td>
<td>$60 non-formulary</td>
<td></td>
</tr>
<tr>
<td><strong>Eye wear</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lenses or frames, contact lenses instead of eyeglasses, every 24 months</td>
<td>The cost less $150</td>
<td>The cost less $150</td>
<td>The cost less $150</td>
</tr>
<tr>
<td><strong>Self-referred chiropractic care</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Up to 20 visits per calendar year from network providers</td>
<td>$20</td>
<td>$30</td>
<td>$20</td>
</tr>
<tr>
<td><strong>Health/fitness</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHP Active and Healthy discounts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Includes Silver&amp;Fit® with full membership privileges at designated facilities</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>These benefits and services ARE subject to applicable plan deductibles.</strong></td>
<td>No deductible</td>
<td>$250 person/ $500 family</td>
<td>No deductible</td>
</tr>
<tr>
<td><strong>Emergency Room</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Covered services provided in and out of the service area</td>
<td>$100</td>
<td>$125</td>
<td>$50</td>
</tr>
<tr>
<td><strong>Ambulance</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medically necessary transport in a licensed ambulance per trip</td>
<td>$100</td>
<td>$125</td>
<td>$75</td>
</tr>
<tr>
<td><strong>Inpatient hospital services</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No limit on number of days for covered, medically necessary services</td>
<td>$200 per admit</td>
<td>$500 per admit</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Outpatient surgery</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Procedures performed in an ambulatory surgery center or hospital</td>
<td>$50</td>
<td>$100</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Dental care at Kaiser Permanente dental offices</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Routine and preventive care, including oral exams, X-rays, and teeth cleanings</td>
<td>$15</td>
<td>Not covered</td>
<td>$0</td>
</tr>
<tr>
<td>Basic and major restorative services, including routine fillings, simple extractions, endodontics, periodontics (including follow-up cleaning visits), removable prosthetic appliances, crowns, bridges, inlays, and oral surgery</td>
<td>$15 per visit, then $50 deductible plus 50% of charges up to $3,000 per year</td>
<td>Not covered</td>
<td>$0 per visit, then $50 deductible plus 50% of charges up to $3,000 per year</td>
</tr>
<tr>
<td>Emergency or urgent dental care at Kaiser Permanente dental offices</td>
<td>$25 supplemental charge</td>
<td>Not covered</td>
<td>$25 supplemental charge</td>
</tr>
</tbody>
</table>
The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, provider network, premiums and copayments/coinsurance may change on January 1 of each year. Additional information about benefits is available to assist you in making a decision about your coverage. Before making a final decision, please read our Federal brochure, RI 73-004. Benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure and in the applicable Senior Advantage Evidence of Coverage (EOC). For specific information, please call Membership Services at 1-800-813-2000.

1 No charge for post-cataract surgery eyewear (standard lenses and frame). Members under age 18 may select from a specified collection of frames or contact lenses.

2 Plus other copayments that normally apply.

3 Members are also eligible for discounts for wellness and entertainment activities with our CHP Active and Healthy program. Visit CHPActiveandHealthy.com for more information.

4 These benefits are neither offered nor guaranteed under contract with the FEHB Program, but are made available to all enrollees and family members who become members of Kaiser Foundation Health Plan of the Northwest.

5 You pay 20% coinsurance after deductible for outpatient administered medications.

6 The deductible is $250 per person under the Standard Option. The deductible is considered met under Self and Family enrollment when enrolled family members pay a combined $500 (Standard Option).

7 Includes Medicare-covered treatment for subluxation of spine with referral.

8 Silver&Fit® is a federally registered trademark of American Speciality Health, Inc.
Quality care where and when you need it

We’re opening new medical offices and expanding access to care across Oregon and Washington. Plus our new collaboration with The Portland Clinic means you have more choices than ever before.

<table>
<thead>
<tr>
<th>New and improving facilities</th>
<th>Quality and experience you can count on</th>
</tr>
</thead>
<tbody>
<tr>
<td>Westside Medical Center</td>
<td>We believe in preventing illness and keeping our members well. But when you are sick, there’s no better place to get the care you need so you can get back on your feet. Top-ranked plans Kaiser Foundation Health Plan of the Northwest is the top-ranked private health insurance plan and 13th in the nation, according to the National Committee for Quality Assurance’s Private Health Insurance Plan Rankings for 2012–2013.¹</td>
</tr>
<tr>
<td>This facility offers 24-hour emergency services and enhanced access to specialty medical services in the Portland area. It also serves as a regional center for knee and hip replacement.</td>
<td>Highly rated quality and service The Centers for Medicare &amp; Medicaid Services (CMS) rates the excellence of Medicare health and prescription drug plans based on major categories that include: Preventive Care, Chronic Care, Prescription Drug Services, Customer Service, and Member Satisfaction. To learn more, and to see how highly Kaiser Permanente is rated, visit kp.org/medicare.³</td>
</tr>
<tr>
<td>Gateway Medical Office opens January 2014 Our new facility in East Portland will feature 40 spacious exam rooms plus new digital imaging and ultrasound services.</td>
<td></td>
</tr>
<tr>
<td>New hospital services in Clark County Our partnership with Legacy Salmon Creek Medical Center means you can get care at this advanced facility offering a wide range of services and specialties, with an emphasis on emergency care, obstetrics, and maternity care.</td>
<td></td>
</tr>
</tbody>
</table>

¹ NCQA is a private, non-profit organization dedicated to improving health care quality. NCQA accredits and certifies a wide range of health care organizations. It also recognizes clinicians and practices in key areas of performance. NCQA's Healthcare Effectiveness Data and Information Set (HEDIS®) is the most widely used performance measurement tool in health care.

² Based on an analysis of national data covering the period from July 2009 through June 2012.

³ Medicare evaluates plans based on a 5-Star rating system. Star Ratings are calculated each year and may change from one year to the next.
Student out-of-area and travel benefits

No matter where you roam, your travel benefits give you access to care. Plus, with our student out-of-area coverage you have the peace of mind that your dependent can get care even when far from home.

<table>
<thead>
<tr>
<th>Student out-of-area benefit</th>
<th>Travel benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Both the FEHB High and Standard option plans include student out-of-area coverage. The student out-of-area benefit is limited to $1,200 each calendar year, and members pay 20 percent of billed charges. Your eligible dependent is covered for urgent and emergency care, as well as routine, continuing, and follow-up care when attending school away from home. The student must be registered full time at a recognized, accredited college or vocational school outside the Kaiser Permanente Northwest service area. This benefit, can give you peace of mind knowing your dependent’s health needs are covered. For more information and to register your student for this benefit, contact Membership Services at 1-800-813-2000.</td>
<td>Your travel benefits are in addition to the emergency benefits available to you within or outside your service area. The travel benefit is limited to $1,200 each calendar year, and members pay $25 for each follow-up or continuing-care office visit. When you’re temporarily outside your home service area by more than 100 miles and outside any other Kaiser Permanente service area, you’re covered for the following:</td>
</tr>
<tr>
<td>• Outpatient follow-up care to complete a course of treatment after a covered emergency (for example, to remove stitches or a cast).</td>
<td></td>
</tr>
<tr>
<td>• Outpatient continuing care for covered services related to conditions diagnosed and treated within the previous 90 days by a Kaiser Permanente provider or affiliated provider (like dialysis or prescription drug monitoring).</td>
<td></td>
</tr>
</tbody>
</table>

This is a basic summary of benefits included in the Federal Employees Health Benefits (FEHB) Program. Before making a plan selection, please review the FEHB brochure (RI 73-004). All benefits are subject to the definitions, limitations, and exclusions outlined in the FEHB brochure.

For more information about your travel benefits or student out-of-area coverage, see the FEHB brochure (RI 73-004), return the reply card at the back of this book, or visit kp.org/feds.
How to enroll

Becoming a member is easy. Just follow the three simple steps below. The information in this booklet can help you pick the right plan that meets your needs.

1. Choose an option

Select Kaiser Permanente's High Option or Standard Option. Brief descriptions of these options are on page 6. You will find details about benefits on pages 8 through 10.

2. Select the type of enrollment you want

Select “Self Only” or “Self + Family.” Self and Family enrollment provides benefits for you and your eligible family members. Then look at the rate chart below and note your enrollment code.

3. Enroll in Kaiser Permanente

Most employees and annuitants can enroll online. Visit opm.gov or contact your employing agency or retirement office for FEHB enrollment procedures and other information. Annuitants can contact the Retirement Information Center at 1-888-767-6738 or for TTY, 1-855-887-4957, or retire@opm.gov.

If you're eligible for Medicare, or will be soon, you may be able to pay a lower share of the cost for most services and get better benefits by enrolling in Kaiser Permanente Senior Advantage for Federal Members. See details on page 7.

Your rates for 2014

<table>
<thead>
<tr>
<th>Enrollment Code</th>
<th>Gov’t Biweekly Share</th>
<th>You</th>
<th>Gov’t Monthly Share</th>
<th>You</th>
<th>Category 1 Your Share</th>
<th>Category 2 Your Share</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>High Option</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Self Only 571</td>
<td>$196.68</td>
<td>$104.64</td>
<td>$426.14</td>
<td>$226.72</td>
<td>$82.78</td>
<td>$96.44</td>
</tr>
<tr>
<td>Self + Family 572</td>
<td>$437.62</td>
<td>$242.98</td>
<td>$948.18</td>
<td>$526.45</td>
<td>$194.36</td>
<td>$224.75</td>
</tr>
<tr>
<td><strong>Standard Option</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Self Only 574</td>
<td>$188.54</td>
<td>$62.85</td>
<td>$408.51</td>
<td>$136.17</td>
<td>$41.48</td>
<td>$54.68</td>
</tr>
<tr>
<td>Self + Family 575</td>
<td>$433.16</td>
<td>$144.38</td>
<td>$938.51</td>
<td>$312.83</td>
<td>$95.29</td>
<td>$125.61</td>
</tr>
</tbody>
</table>

1 These are highlights of the FEHB enrollment process. Please refer directly to opm.gov and your employing agency or retirement office for FEHB coverage effective dates, enrollment procedures and deadlines, and other information. To add an eligible family member to your Kaiser Permanente Self and Family enrollment, complete and return an Enrollment Change Form to us. These forms can be obtained at kp.org/feds or by calling Member Services.

2 These rates do not apply to all enrollees. If you are in a special enrollment category, please refer to your special FEHB Guide or contact the agency that maintains your health benefits enrollment.
Our locations

With offices in Oregon and southwest Washington, it’s easy to find a provider close to your home or work. Prefer to locate our services online or on-the-go? We’ve powered our facility finder so you can find us by ZIP code or keyword.

Try it out at kp.org/doctorsandlocations or download the Kaiser Permanente app for your smartphone or mobile device.

MEDICAL FACILITIES

Portland-area medical centers

1. Kaiser Permanente Sunnyside Medical Center
   10180 SE Sunnyside Road
   Clackamas, OR 97015

2. Kaiser Permanente Westside Medical Center
   2875 NW Stucki Ave.
   Hillsboro, OR 97124

3. OHSU Doernbecher Children’s Hospital
   3181 SW Sam Jackson Park Road
   Portland, OR 97239
   (For children 17 and younger)

4. Providence St. Vincent Medical Center
   9205 SW Barnes Road
   Portland, OR 97225

Portland-area medical offices

5. Beaverton Medical Office
   4855 SW Western Ave.
   Beaverton, OR 97005
   6–9 p.m., Monday through Friday; 9 a.m.–6 p.m., weekends and holidays

6. Brookside Center
   10180 SE Sunnyside Road
   Clackamas, OR 97015

7. Center for Health Research
   3800 N Interstate Ave.
   Portland, OR 97227

8. Clackamas Eye Care
   12100 SE Stevens Court, Suite 106
   Portland, OR 97086

9. Division Medical Office
   7705 SE Division St.
   Portland, OR 97206

10. Eastman Parkway Office
    1550 NW Eastman Parkway, Suite 100
    Gresham, OR 97030

11. Hillsboro Medical Office
    5357 W Baseline Road
    Hillsboro, OR 97123

12. Interstate Medical Office Central
    3600 N Interstate Ave.
    Portland, OR 97227

13. Interstate Medical Office East
    3550 N Interstate Ave.
    Portland, OR 97227
    Urgent care hours: 6–11 p.m., Monday through Friday; 9 a.m.–6 p.m., weekends and holidays

14. Interstate Medical Office South
    3500 N Interstate Ave.
    Portland, OR 97227

15. Interstate Medical Office West
    3325 N Interstate Ave.
    Portland, OR 97227

16. Interstate Radiation Oncology Center
    3620 N Interstate Ave.

Maps not to scale
Portland, OR 97227
17 Lake Road Nephrology Center
6902 SE Lake Road, Suite 100
Milwaukie, OR 97267
18 Mother Joseph Plaza
9427 SW Barnes Road
Portland, OR 97225
19 Mt. Scott Medical Office
9800 SE Sunnyside Road
Clackamas, OR 97015
Urgent care hours: 9 a.m.–6 p.m., weekends and holidays
20 Mt. Talbert Annex
10100 SE Sunnyside Road
Clackamas, OR 97015
21 Mt. Talbert Medical Office
10100 SE Sunnyside Road
Clackamas, OR 97015
22 Murrayhill Medical Office
11200 SW Murray Scholls Place
Beaverton, OR 97007
23 One Town Center
10163 SE Sunnyside Road, Suite 490
Clackamas, OR 97015
24 Rockwood Medical Office
19500 SE Stark St.
Portland, OR 97233
25 Sleep Lab
9717 SE Sunnyside Road
Clackamas, OR 97015
26 Sunnybrook Medical Office
9900 SE Sunnyside Road
Clackamas, OR 97015
27 Sunnyside Medical Office
10180 SE Sunnyside Road
Clackamas, OR 97015
28 Sunset Medical Office
19400 NW Evergreen Parkway
Hillsboro, OR 97124
29 Tualatin Medical Office
19185 SW 90th Ave.
Tualatin, OR 97062
30 Walker Road Nephrology Center
15050 SW Koll Parkway, Suite J
Beaverton, OR 97006
31 Westside Medical Office
2875 NW Stucki Ave.
Hillsboro, Oregon, 97124
(located inside Kaiser Permanente Westside Medical Center)

The Portland Clinic facilities
32 The Portland Clinic – Beaverton
15950 SW Millikan Way
Beaverton, OR 97006
33 The Portland Clinic – Columbia
5847 NE 122nd Ave.
Portland, OR 97230
34 The Portland Clinic – Downtown
800 SW 13th Ave.
Portland, OR 97205
35 The Portland Clinic – East
541 20th Ave., Suite 210
Portland, OR 97232
36 The Portland Clinic – Hillsboro
256 SE 2nd Ave.
Hillsboro, OR 97123
37 The Portland Clinic – South
6640 SW Redwood Lane
Portland, OR 97224
38 The Portland Clinic – Tigard
9250 SW Hall Blvd.
Tigard, OR 97223

Vancouver-area dental offices
39 Legacy Salmon Creek Medical Center
2211 NE 139th St.
Vancouver, WA 98686
(24-hour, emergency, low-risk childbirth, and selected services only)
40 Cascade Park Medical Office
12607 SE Mill Plain Blvd.
Vancouver, WA 98684
Urgent care hours: 6–11 p.m., Monday through Friday and 9 a.m.–6 p.m., weekends and holidays
41 Mill Plain One Medical Office
203 SE Park Plaza Drive, Suite 140
Vancouver, WA 98684
42 Orchards Medical Office
7101 NE 137th Ave.
Vancouver, WA 98682
43 Salmon Creek Medical Office
14406 NE 20th Ave.
Vancouver, WA 98686
44 Vancouver Medical Office
2211 E Mill Plain Blvd.
Vancouver, WA 98661

Salem-area medical center and offices
45 Salem Hospital
890 Oak St. SE
Salem, OR 97301
46 North Lancaster Medical Office
2400 Lancaster Drive NE
Salem, OR 97305
Urgent care hours: 6–11 p.m., Monday through Friday and 9 a.m.–6 p.m., weekends and holidays
47 Skyline Medical Office
5125 Skyline Road S
Salem, OR 97306
48 West Salem Medical Office
1160 Wallace Road NW
Salem, OR 97304

Longview-area medical office
49 Longview-Kelso Medical Office
1230 Seventh Ave.
Longview, WA 98632
6–9 p.m., Monday through Friday; 9 a.m.–6 p.m., Saturdays and holidays (closed Sundays, Thanksgiving, and Christmas)

DENTAL FACILITIES

Portland-area dental offices
50 Aloha Dental Office
17675 SW Tualatin Valley Highway
Beaverton, OR 97006
51 Beaverton Dental Office
4855 SW Western Ave.
Beaverton, OR 97005
52 Clackamas Dental Office
10209 SE Sunnyside Road
Clackamas, OR 97015
53 Eastmoreland Dental Office
5025 SE 28th Ave.
Portland, OR 97202
54 Gresham Dental Office
10102 NE Glisan St.
Portland, OR 97220
55 Grand Avenue Dental Office
1314 NE Grand Ave.
Portland, OR 97232
56 Gresham Dental Office
360 NW Burnside St.
Gresham, OR 97030
57 North Interstate Dental Office
7201 N Interstate Ave.
Portland, OR 97217
58 Oregon City Dental Office
1900 McLoughlin Blvd., Suite 68
Oregon City, OR 97045
59 Rockwood Dental Office
822 NE 181st Ave.
Portland, OR 97230
60 Sunset Dental Office
19075 NW Tanasbourne Drive
Hillsboro, OR 97124
61 Tigard Dental Office
7105 SW Hampton St.
Tigard, OR 97223

Vancouver-area dental offices
62 Cascade Park Dental Office
12711 SE Mill Plain Blvd.
Vancouver, WA 98684
63 Salmon Creek Dental Office
14406 NE 20th Ave.
Vancouver, WA 98686

Salem-area dental offices
64 North Lancaster Dental Office
2300 Lancaster Drive NE
Salem, OR 97305
65 Skyline Dental Office
5135 Skyline Road S
Salem, OR 97306

Longview-area dental office
66 Longview-Kelso Dental Office
1230 Seventh Ave.
Longview, WA 98632
Want to know more?

Use this reply card to get more information about the Kaiser Permanente health coverage available through the Federal Employees Health Benefits Program.

Fill out your information and choose the materials you'd like to receive.

Tear off the card and fold it with your information inside.

Seal the card and drop it in the mail. Postage is free.

All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest.

500 NE Multnomah St., Suite 100, Portland, OR 97232.

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I'd like to receive the following materials by mail:

- FEHB brochure (RI 73-004, also available at kp.org/feds)
- Medical facility directory (RI 73-004, also available at kp.org/directory)
- Dental facility directory (also available at kp.org/dental)
- SBC for:
  - High Option
  - Standard Option

About me...

Name

Address

City

State

Zip Code

☑ I am a current Kaiser Permanente member.

☐ I have never been a Kaiser Permanente member.

☐ I have been a Kaiser Permanente member in the past.
A website just for you

At kp.org/feds you’ll find your Kaiser Permanente 2014 enrollment materials, including the Federal Employees Health Benefits brochure (RI 73-004). You can also connect to our facility and physician directories and learn more about our services.

Notice of Summary of Benefits and Coverage (SBC):
Availability of Summary Health Information

The Federal Employees Health Benefits (FEHB) Program offers numerous health benefits plans and coverage options. Choosing a health plan and coverage option is an important decision. To help you make an informed choice, each FEHB plan makes available a Summary of Benefits and Coverage (SBC) about each of its health coverage options, online and in paper. The SBC summarizes important information in a standard format to help you compare plans and options.

This plan’s SBC is available on the Internet at kp.org/feds. A paper copy is also available, free of charge, by calling 1-800-813-2000 (a toll-free number).

To find out more information about plans available under the FEHB Program, including SBCs for other FEHB plans, please visit opm.gov.