

# Over-the-Counter (OTC) Wellness Credit for 2023

KAISER PERMANENTE  
SENIOR ADVANTAGE (HMO)



## Use your Over-the-Counter (OTC) benefit allowance to purchase OTC health and wellness products

You can use your allowance to purchase:

- First-aid supplies
- Aspirin
- Cough, cold and allergy medicine
- Incontinence products
- And more

Ready to order? It's easy! Call or click

Place your order for your OTC health and wellness  
products in one of the following ways:

It is important to note that the OTC products are intended for member's health and medical use only. The health information provided in this OTC catalog is general in nature and is not medical advice or a substitute for professional healthcare.



[kp.org/otc/co](https://kp.org/otc/co)



1-833-238-6616 (TTY 711) Monday – Friday, 6 a.m. – 5 p.m. MST

Please refer to your Evidence of Coverage for details regarding the OTC benefit. OTC benefit may change each year on January 1. Each purchase must be at least \$35. Any unused portion of the quarterly credit will not carry forward to the next quarter. Your order may not exceed your maximum benefit allowance. Limitations and restrictions may apply. Cash, checks, credit cards, or money orders are not accepted.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente Medicare health plan service area in which you enroll.



# Need care? We'll get you there



## Kaiser Permanente is committed to ensuring you get the care you need.

That's why our Medicare health plan includes a limited number of rides to nonurgent medical appointments at Kaiser Permanente medical offices and affiliated facilities – at no additional cost.

### To schedule a ride

Call **1-855-932-5413** (TTY **711**) between 6 a.m. and 6 p.m., Monday through Saturday.

- Rides must be scheduled at least 2 hours before your pickup time.
- Please have the following information on hand: your name, ID number, address and phone number; the doctor's/facility's name and address for your appointment; and any special requests.
- If you need to cancel or reschedule your ride, please do so at least 3 hours before your scheduled pickup time.
- You can also call the same number to find out how many rides you have left for the year.

### For information about all of Kaiser Permanente Medicare health plan benefits

- Call member services at **1-800-476-2167** (TTY **711**), 8 a.m. to 8 p.m., 7 days a week.



Please refer to your Kaiser Permanente Senior Advantage Evidence of Coverage (EOC) for further details and the number of rides available to you under your health plan coverage.

Kaiser Permanente Medicare Health Plan is the top-rated HMO in Colorado, with a rating of 5 out of 5 in NCQA's Medicare Health Insurance Plan Ratings 2019-2020. *(Due to COVID-19, NCQA will not release 2020-2021 Health Plan Ratings for any product line. This rating is based upon 2019-2020 Health Plan Ratings.)* Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal.