KAISER PERMANENTE.: Southern CA Standard Option

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-822) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at <a href="https://www.kp.org/feds">www.kp.org/feds</a> and view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a>. You can call 1-800-278-3296 (TTY: 711) to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$ 0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Not applicable	This plan covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$ 3,000 / person up to \$ 6,000 / family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, health care this plan doesn't cover, and other services outlined in the FEHB brochure.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www.kp.org/feds or call 1-800-278-3296 (TTY: 711) for a list of plan providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a referral before you see the specialist.



Common		What You Will Pay		Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	<u>Plan Provider</u> (You will pay the least)	Non-Plan Provider (You will pay the most, plus you may be balance billed)	
	Primary care visit to treat an injury or illness	\$30 / visit	Not covered	None
If you visit a health	Specialist visit	\$40 / visit	Not covered	No charge for children through age 17
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$10 / encounter	Not covered	None
If you have a test	Imaging (CT/PET scans, MRIs)	\$50 / procedure	Not covered	None
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.kp.org/formulary	Generic drugs	\$15 retail; \$30 mail order / prescription	Not covered	Up to 30-day supply (retail) and 100-day supply (mail order). No charge for contraceptives. Subject to <u>formulary</u> guidelines.
	Preferred brand drugs	\$50 retail; \$100 mail order / prescription	Not covered	Up to 30-day supply (retail) and 100-day supply (mail order). Subject to <u>formulary</u> guidelines.
	Non-preferred brand drugs	\$50 retail; \$100 mail order / prescription	Not covered	Up to 30-day supply (retail) and 100-day supply (mail order). Must be authorized through the exception drug process.
	Specialty drugs	\$150 / prescription	Not covered	Up to 30-day supply. Subject to <u>formulary</u> guidelines.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$200 / procedure	Not covered	None
	Physician/surgeon fees	No charge	Not covered	Physician/surgeon fees are included in the Facility fee.

Common		What You Will Pay		Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	Plan Provider (You will pay the least)	Non-Plan Provider (You will pay the most, plus you may be balance billed)	
	Emergency room care	\$150 / visit	\$150 / visit	Copayment waived if admitted directly to hospital as inpatient.
If you need immediate medical	Emergency medical transportation	\$150 / trip	\$150 / trip	None
attention	<u>Urgent care</u>	\$30 / visit	Not covered	Non-Plan providers covered when temporarily outside the service area: \$30 / visit.
If you have a	Facility fee (e.g., hospital room)	\$500 / admission	Not covered	None
hospital stay	Physician/surgeon fees	No charge	Not covered	Physician/surgeon fees are included in the Facility fee.
If you need mental health, behavioral health, or substance	Outpatient services	Mental / Behavioral health: \$30 / individual visit. Substance Abuse: \$30 / individual visit.	Not covered	Mental / Behavioral health: \$15 / group visit; Substance Abuse: \$5 / group visit
abuse services	Inpatient services	\$500 / admission	Not covered	None
If you are pregnant	Office visits	No charge	Not covered	Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
ii you are pregnant	Childbirth/delivery professional services	No charge	Not covered	None
	Childbirth/delivery facility services	No charge	Not covered	None
If you need help recovering or have other special health needs	Home health care	No charge	Not covered	None
	Rehabilitation services	Outpatient: \$30 / visit Inpatient: \$500 / admission	Not covered	None
	Habilitation services	Outpatient: \$30 / visit Inpatient: \$500 / admission	Not covered	None

Common		What You	Will Pay	Limitations, Exceptions, & Other Important Information
Medical Event	Services You May Need	<u>Plan Provider</u> (You will pay the least)	Non-Plan Provider (You will pay the most, plus you may be balance billed)	
	Skilled nursing care	No charge	Not covered	Up to 100 day limit / benefit period.
	Durable medical equipment	50% coinsurance	Not covered	Prior authorization required.
	Hospice services	No charge	Not covered	None
If your shild poods	Children's eye exam	No charge for refractive exam	Not covered	None
If your child needs	Children's glasses	Not covered	Not covered	None
dental or eye care	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your FEHB Plan brochure for more information and a list of any other excluded services.)

Cosmetic surgery

Eye glasses

Private-duty nursing
 Weight loss program

• Dental care

• Long-term care

Weight loss program

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.) Acupuncture (20 visit limit/year combined with Infertility treatment Routine eye care

- Acupuncture (20 visit limit/year combined with Chiropractic care)
- Hearing aid (\$1,000 limit / ear every 36 months)
- Routine eye careery 36 months)Routine foot care

- Bariatric surgery
- Chiropractic care (20 visit limit/year combined with Acupuncture)
- Non-emergency care when traveling outside the U.S. See the FEHB Plan Brochure for information

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-278-3296 (TTY: 711) or visit <a href="www.opm.gov/healthcare-insurance/healthcare">www.opm.gov/healthcare-insurance/healthcare</a>. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: 1-800-278-3296 (TTY: 711).

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-788-0616 (TTY: 711).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-278-3296 (TTY: 711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-757-7585 (TTY: 711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-278-3296 (TTY: 711).

To see examples of how this plan might cover costs for a sample medical situation, see the next section—

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$0
■ Other copayment	\$10

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$100	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions \$50		
The total Peg would pay is \$1		

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$500
Other <u>copayment</u>	\$10

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

### In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$ 1,300
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$ 1,600

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$500
Other copayment	\$10

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$500
Coinsurance	\$20
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$520