

FOR FEDERAL EMPLOYEES

Getting care while traveling

WHEREVER YOU GO, WE'VE GOT YOU COVERED

As a Kaiser Permanente Federal Employees Health Benefits (FEHB) member, your benefits include the following:¹

- Emergency care worldwide at emergency departments and urgent care centers
- Care from any Kaiser Permanente facility throughout the country
- Certain follow-up and continuing care outside of Kaiser Permanente service areas
- Coverage for certain care if your child is going to school

Our FEHB brochures explain how to get care, what you pay, what kind of care is covered, and what to do if you're traveling and admitted to a non-Kaiser Permanente facility.

Emergency care worldwide²

Enjoy peace of mind when you travel, knowing that you're covered for emergency care anywhere in the world.

You can get care at any Kaiser Permanente facility

You're covered for certain routine and specialty care, including care for an ongoing health condition, at any of our Kaiser Permanente or affiliated facilities. You'll find us in California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington state, and Washington, D.C.

Getting care when outside Kaiser Permanente service areas

In addition to emergency care, you can also get certain follow-up care when Kaiser Permanente facilities aren't near. When you're temporarily outside your home service area by more than 100 miles and outside any other Kaiser Permanente service area, you're covered for the following:

- **Outpatient follow-up care** to complete a course of treatment after a covered emergency (for example, to remove stitches or a cast)
- **Outpatient continuing care** for covered services related to conditions diagnosed and treated within the previous 12 months by a Kaiser Permanente practitioner or affiliated practitioner (like dialysis or prescription drug monitoring)

You pay \$25 for each follow-up or continuing care office visit. Kaiser Permanente pays up to \$1,200 each calendar year for this follow-up or continuing care travel benefit.

Dependent coverage outside the service area

Dependents outside a Kaiser Permanente service area are covered for routine, continuing, and follow-up medical care. Services are limited to 5 office visits, 5 diagnostic X-rays, 5 therapy visits, and 5 prescription fills or refills per year. Copays may be different for the out-of-area student benefit from your region's FEHB plan.

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What to know before you go

Harness the power of prevention and take time – before you leave town – to prepare for a healthy trip. Here’s a convenient checklist to help you get ready:

- **Catch up on vaccinations.** Your doctor or the practitioners at our travel clinics can consult with you and help you get any vaccinations you need. Call the appointment and advice line or the travel clinic directly for more information or to make an appointment. You can find these phone numbers on kp.org. Be sure to call well in advance of your trip.

- **Stock up on prescriptions.** Make sure you pack enough medication to last you through your trip.
- **Carry your Kaiser Permanente ID card** with you at all times and keep this flier as a handy reference.

For other tips to help you stay well, go to kp.org/travel.

AWAY FROM HOME TRAVEL HELP

You never know what might come up when you’re away from home, so be prepared. Visit kp.org/travel to find answers to common questions to help you plan for a healthy trip and get medical care if you need it.

If you’re currently a member and have questions about your benefits or how to get care, please call the Away from Home Travel line:

951-268-3900³ for travel support anytime, anywhere. (Closed major holidays.)

Save this number to your phone so it’s handy when you’re ready to go.

¹This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the plan’s Federal brochure (RI 73-019). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.

²If you think you have a medical or psychiatric emergency, immediately go to the nearest hospital or any facility that can give you the care you need. In the United States you can also call 911. Always use the emergency services available where you are. You don’t have to get approval first to get emergency or urgent care.

³If you are calling from outside the U.S., you will have to dial a country code and toll charges will apply. Collect calls will not be accepted.

kp.org/feds